() Ima Hurryin is approaching a stoplight moving with a velocity of +30.0 m/s. The light turns yellow, and Ima applies the brakes and skids to a stop. If Ima's acceleration is -8.00 m/s², then determine the displacement of the car during the skidding process.

Ben Rushin is waiting at a stoplight. When it finally turns green, Ben accelerated from rest at a rate of a 6.00 m/s² for a time of 4.10 seconds. Determine the displacement of Ben's car during this time period.

Luke Autheloe drops a pile of roof shingles from the top of a roof located 8.52 meters above the ground. Determine the time required for the shingles to reach the ground.

Rex Things throws his mother's crystal vase vertically upwards with an initial velocity of 26.2 m/s. Determine the height to which the vase will rise above its initial height.

FORMULAS AND QUANTITIES

FORMULAS			
OPTICS	MECHANICS		
$n_1 \sin \theta_1 = n_2 \sin \theta_2$	$\mathbf{v}_{av} = \frac{\Delta d}{\Delta t}$	$E_g = mgh$	
$M = \frac{h_i}{h_o} = \frac{-d_i}{d_o}$	$a = \frac{\Delta v}{\Delta t}$	$E_k = \frac{1}{2}mv^2$	
$M = \frac{h_i}{h_o}$	$\Delta d = v_1 \Delta t + \frac{1}{2} a (\Delta t)^2$	F = ma	
$\frac{1}{d_o} + \frac{1}{d_i} = \frac{1}{f}$	$\Delta d = \frac{(v_1 + v_2)\Delta t}{2}$	$F_g = mg$	
	$v_2 = v_1 + a\Delta t$	F = kx	
	$v_2^2 = v_1^2 + 2a\Delta d$	$P = \frac{W}{\Delta t}$	
		$W = F \bullet \Delta d$	

QUANTITIES			
NAME	SYMBOL	VALUE	
Speed of light in a vacuum	c	3.00×10 ⁸ m/s	
Acceleration due to gravity (Earth)	g	9.8 m/s² or 9.8 N/kg	